

## **National Away Day: Tues 28<sup>th</sup> November 2017**

**Learning Centre, St George's Hospital,  
Corporation Street, Stafford. ST16 3SR.**

Free to stakeholders working in and receiving community outreach  
inc. AO / flexible (FACT) models:

Register on line at: <https://www.eventbrite.co.uk/e/nfao-national-away-day-tickets-34973468586>

**09.30 10.00 Arrivals, tea and coffee**

**10.00 10.15**

**Opening address:**

**NFAO chair and Secretary Simon Wharne and Mike Firn**

**10.15 12.30 Rotating 45 minute workshops**

- 1. Working with the third sector in community outreach. Dr Simon Wharne(NFAO).**
- 2. Promoting physical health in SMI. Dr Niraj Arora(NFAO) and Sally Ann Redfearn (Physical Health Lead, Dorset Healthcare)**
- 3. Peer workers: Why are staff with lived experience still not mainstream in mental health community services? Mike Firn (NFAO), Phil Morgan, (Lead for Recovery and Social Inclusion, Dorset Healthcare) and Sarah Rose (Operations Manager, Dorset MH Forum)**

**12.30 13.15 Lunch and poster viewing**

**13.15 13.45 AGM and election of NFAO officers**

**13.45 14.45 Working with Resilience. Simon Wharne (NFAO)  
Dr Ann Kilanska, Clinical Psychologist, Stafford**

**14.45 15.00 refreshment break and poster viewing**

**15.00 16.00 How are you now supporting AO clients in your locality  
post AO? How are SMI clients surviving in CMHT and  
FACT structures? Mike Firn (NFAO) and Dr Andy Owen  
(Consultant Psychiatrist, Stratford upon Avon)**

**16.00 16.15 Closing comments and open space**